

## From Whinging to Winning - change your team culture

**Do you need a lively and engaging spark in this current turmoil?! Then ANDUVE's workshop; "From Whinging to Winning - change your team culture " might be exactly what you're looking for.**



Exciting and fun examples of typical well-being cultures will be presented; from the pure "Winner Culture", to the pure "Loser Culture", spiced up with practical examples and recommendations for both management and employees in relation to creating healthy well-being and drive in the workplace.



### OBJECTIVE

To teach the importance of focus and attitude – The objective is to leverage team spirit, and give each participant the positive feeling of being co-responsible.

The focal point of the workshop is well-being and engagement in the workplace; a refreshing and exciting input on how the way we work together influences the results we get.

With a twinkle in his eye, he presents human attitudes and reactions to changes and challenges, with references from the world of sports, where famous athletes have shown true "Winner attitude" over "Loser attitude".

**Carsten Brandt exemplifies the human mechanisms that cause us to walk around and whinge in some environments while in others, we are driven by desire to achieve and positive energy..**

**Carsten Brandt is a 5-time world record holder and current World Champion in prone rifle-shooting. For more than 25 years, he has coached some of the top athletes in the world.**

**Carsten Brandt is live online, supported by an on-site HR trainer in UAE.**

## A workshop not to be missed in this turmoil!



Carsten Brandt  
Trainer & Senior  
Mental Coach

Tel: 058 559 8016 Email: [info@anduve.ae](mailto:info@anduve.ae)

[www.anduve.ae](http://www.anduve.ae)

## Theoretical content:

The concept of successful teamwork (MRPROF), The Attitude Arrow, the High-Performance Team model (HPT) and Hogan personal profile dimensions.

## Workshop Techniques:

Lecture on large monitor in plenum, combined with practical exercise conducted by our ANDUVE consultant onlocation.



## Resources:

From our laptop to large monitor or projector, loudspeakers (system depending on room size), and strong internet connection.

## HOGAN ASSESSMENTS

ANDUVE is an authorized reseller of the Hogan Assessments System - Personal profiles trusted by 75% of Fortune500 and leading Middle-Eastern companies. For more info: [www.hoganassessments.com](http://www.hoganassessments.com) We offer Hogan based individual feedback and HR strategic sparring.



## AUDIENCE

HR, employees, or managers – please confirm prior to the course so that it can be tailored appropriately. The number of delegates has been set to 25, in order to ensure maximum engagement and learning

## LOCATION

At your facilities or at a venue per your choice, for extra cost. We offer to coordinate with a golf resort near you to include adequate accommodation. A putter competition lead by a golf PRO may be combined with the workshop, ensuring a day full of team building activity, learning, and fun.

## HAVING A PURPOSE

ANDUVE is the nautical term for approaching the shore; ANDUVE's services are there for you and your business to approach your potential and grow stronger; Just like the Arctic Puffin approaches land only during breeding season for the flock to grow.

**We call it approaching with purpose**



**Birgit Tinggaard**

Founder & CEO  
HR & Executive Coach

Tel: 058 559 8016 Email: [info@anduve.ae](mailto:info@anduve.ae)

[www.anduve.ae](http://www.anduve.ae)